

**Arizona Board of Behavioral Health Examiners** 

# Counseling Supervision Requirements

Cheat Sheet

## **Supervised Work Experience**

Definition

Means practicing professional counseling (paid or voluntary basis) under direct supervision and while receiving clinical supervision.

R4-6-101(50)

#### **REQUIREMENTS**

- No less than 24 months
- 1600 hours of direct client contact
- No more than 400 hours of psychoeducation

R4-6-503

## **Clinical Supervision**

# Definition

Means direction/oversight (face to face, videoconference, or telephone) by a qualified individual to evaluate, guide, and direct all behavioral health services. To develop and improve the necessary knowledge, skills, techniques, and abilities, allowing the licensee to engage safely, and competently in the practice of behavioral health.

R4-6-101(11)

### **REQUIREMENTS**

- 100 hours
- Individual supervision:
  - At least 25 hours
- Group of 2 supervisees:
  - No more than 75 hours
- Group of 3-6 supervisees:
  - No more than 50 hours
- 10 hours of direct observation

R4-6-212(E)(G), R4-6-504

Supervisor must meet requirements in R4-6-212 and be one of the following:

Supervisor

- IP(
- LCSW
- LMF<sup>-</sup>
- Licensed Psychologist
- Obtained exemption under R4-6-212.01

Hours will not be accepted if provided by substance abuse counselor.